**Click here** for the 2015 Leaders-in-Training Application Packet

**Click here** for the 2015 Junior Lifeguard Application Packet



Coving Parks & Recreation Department and the Webb Foundation present

# Program Overview

For ages 12-17. This summer training program provides an opportunity for teens to become involved in the community by assisting various departments within the City of Covina. Only a limited number of teens will be accepted into the program. All teens must be 12 by June 1 and cannot turn 18 until after September 30.

## Benefits

- Opportunity to complete community service hours for graduation.
- Valuable skills and experience to enhance future employment opportunities.
- Hands-on training in city go vernment and public service.

## Program Fee

All areas (except Junior Lifeguards): \$40

## Assignment Areas

- · Youth Sports
- Librarg
- Summer Evening Entertainment Series
- ◆ City Hall—Finance and Human Resources Departments
- Senior Services
- Summer Day Camp

# Important Information

March 2: Applications available at the Covina Parks &

Recreation Department office, 1250 N. Hollenbeck Ave, or on the City's website at www.covineca.gov

April 9: Applications due no later than 5:30 pm

April 21 & 22: Interviews for accepted applicants

For more information, please call the Covina Parks & Recreation Department at (626) 384-5340.

Office hours are Monday-Thursday and alternate Fridays, 10 a.m.-5:45 pm. Open Fridays: 3/6, 3/20, 4/3



# JOIN COVINA'S T.E.A.M.



Are you a teen who enjoys volunteering and helping around the community? Join Covina's TEAM where teens participate in service projects and volunteer at community events each month. To be an active member, teens must attend a monthly meeting and one service opportunity each month. Attend the next meeting for more information.



DAY: Ruesdays

DATES: March 3 April 7 May 5 June 2

TIME: 6-7 pm LOCATION: Hollfelder Teen Center, Covina Park, 301 N. Fourth Ave.



Click Here for copy of both flyers!



(Ages 11-14)

As part of the Leaders-in-Training program, the Junior Lifeguard program introduces participants to the duties and responsibilities of a lifeguard. Participants will assist Lifeguards in the water, on the pool deck, and in the aquatic center office to get a real sense of being on the job. The Junior Lifeguard Program includes a 30-hour American Red Cross training course. The training course is mandatory. This is not a lifeguard certification course, but a preparatory course for future lifeguards.

# Prerequisites (Participants will be tested at first class):

- (1) Swim front crawl for 25 yards continuously while breathing to the front or side.
- (2) Swim the breaststroke for 25 yards using a pull, breathe, kick and glide sequence.
- (3) Tread water for 1 minute using arms and legs.
- (4) Float on back for 30 seconds or swim on the back for 25 yards using the elementary backstroke or back crawl.
- (5) Submerge and swim a distance of 10-feet underwater.

FEE: \$75 (includes training course, instructional book and certificate)

## MANDATORY TRAINING DATES FOR ALL JUNIOR LIFEGUARDS (No Exceptions):

Monday, May 11, 4-8 pm
Monday, May 18, 4-8 pm
Tuesday, May 12, 4-8 pm
Tuesday, May 13, 4-8 pm
Wednesday, May 13, 4-8 pm
Thursday, May 14, 4-8 pm
Thursday, May 21, 4-6 pm



## IMPORTANT DATES

March 2 Applications available at the Covina Parks & Recreation Department office,

1250 N. Hollenbeck Ave. or on the City's website at www.covinaca.gov

April 9 Applications due no later than 5:30 pm

April 21 & 22 Interviews for teens whose applications are accepted

For more information, please call the Covina Parks & Recreation Department at (626) 384-5340. Office hours are Monday-Thursday and alternate Fridays, 10 a.m.-5:45 p.m. Open Fridays: 3/6, 3/20, 4/3

